



CAFÉ

MENU

DINE IN & TAKEAWAY

CAFE: 7AM -2:30PM (3PM WEEKENDS)

KITCHEN: 7:30AM - 2PM

**10% SURCHARGE APPLIES ON SUNDAYS &
PUBLIC HOLIDAYS**



ALL DAY BREAKFAST

EGGS YOUR WAY \$14

Your choice of two eggs (poached, fried or scrambled) on Brasserie sourdough toast.

Add Bacon /Haloumi +\$4 Avocado/Mushrooms +\$3 Hash brown +\$2 GF Bread +\$2

OPEN AVOCADO SOURDOUGH \$18

Brasserie sourdough toast with smashed avocado, cherry tomatoes, rocket, radish, feta cheese and zaatar, drizzled with Hunter Valley extra virgin olive oil.

Add Egg +\$2 Bacon /Haloumi +4 Mushrooms +\$3 Hash brown +\$2 GF Bread +\$2

GREEN FRITTERS \$19

House made vegetarian fritters, free range poached egg, chili jam, smashed avocado, tomato salsa and dukkah. *Vegan Option Available (No egg, mushroom instead) Add Bacon +\$4*

EGGS BENEDICT \$22

English muffins topped with two poached eggs, spinach and hollandaise sauce with your choice of bacon, halloumi, ham. *Smoked Salmon option +\$4*

MUSHROOM BRUSCHETTA \$23

Sauteed mushrooms on Brasserie sourdough toast with one poached egg, grilled spinach, Mediterranean sauce, smoked salmon & dukkah. *Add Bacon /Haloumi +\$4*

BREAKFAST BURGER \$18

Free range short cut bacon, hash brown, fried egg, tomato, Jarlsberg cheese, chili jam and Aioli sauce on a Japanese milk bun.

RICOTTA PANCAKES \$20

House made fluffy pancakes with fresh strawberries, brulee banana, mix berry compote, almond flakes and vanilla ice cream. Side of maple syrup. *Add Nutella Side +\$2*

ACAI GRANOLA BOWL \$19 (Vegan)

Blended acai, granola, chia seeds, coconut flakes served with chef's choice of seasonal fresh fruit.

Add Peanut Butter +\$2

BROOKFARM MUESLI \$16

Creamy vanilla yoghurt, Brookfarm muesli and chef's choice of seasonal fresh fruit.

SOURDOUGH TOAST \$8

Two slices of Brasserie sourdough served with butter and/or your choice of strawberry jam, vegemite or peanut butter. *Alternatives: Turkish Bread/White Bread GF Bread +\$2*

RAISIN TOAST \$6

Thick cut raisin toast with butter.



ALL DAY LUNCH

AUSSIE WAGYU BEEF BURGER \$23

Wagyu beef patty, double American cheese, bacon, cos lettuce, fresh onion, pickled cucumber, chef's secret sauce with shoestring fries. *Add Fried Egg +\$2*

STEAK SANDWICH \$24

Scotch fillet steak sandwich with tomato, beetroot, grilled onion, aioli & BBQ sauce served on a ciabatta roll and a side of shoestring fries.

SOUTHERN FRIED CHICKEN BURGER \$22

Southern style crispy fried chicken breast with baby cos lettuce, tomatoes, melted American cheese and tangy spicy sauce served with shoestring fries.

FRESH SHISH PLATE \$24

Three skewers of your choice (Chicken OR Beef kafta) served with garlic sauce, hummus, house made tabouli, shoestring fries and Lebanese bread.

CHICKEN AVOCADO SALAD \$20

Grilled chicken, fresh avocado, mixed green leaves, cherry tomato, carrot, roasted corn, fetta cheese with sundried tomato dressing. *Add Poached Egg +\$2 / Bacon or haloumi \$5*

GRILLED SALMON & VEGGIES \$25

Grilled salmon fillet served with sumac roasted chats potatoes and cauliflower, rocket & tomato salsa, hummus, crispy leeks with vinaigrette dressing.

SOUP OF THE WEEK \$15

Our chef made soup, served with Brasserie sourdough bread.
Ask our staff for the flavour of this week!

BOWL OF FRIES R \$5 / L \$10

Choice of shoestring, sweet potato fries.

KID'S BREAKFAST & LUNCH *(For kids under 12 ONLY . All items come with a kid's milkshake)*

EGGS AND HASHBROWN TOAST \$13

Scrambled free range eggs, hash brown, served with white toast.

CHEESEBURGER \$14

House-made wagyu beef patty, American cheese, seasoned fries, BBQ or tomato sauce.

NUGGETS AND FRIES \$13

Chicken nuggets, shoestring fries, BBQ or tomato sauce.

Cafe Menu

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mintfreshiga.com.au



Opening Hours

Café: 7am – 2.30pm (3pm Weekends)
Kitchen: 7.30am – 2pm

FRESH CHEF MADE ROLLS

CHICKEN SCHNITZEL \$16

House made free range chicken schnitzel, lettuce, Jarlsberg cheese and aioli on Turkish bread

MEDITERRANEAN CHICKEN WRAP \$14

House marinated free range grilled chicken, hummus, spinach, sun-dried tomato, pesto on a wrap

HAM CHEESE & TOMATO SANDWICH \$12

Local leg ham, Jarlsberg cheese, gourmet tomatoes on Brasserie sourdough toast

HAM CHEESE CROISSANT \$11

Local leg ham, Jarlsberg cheese, on Brasserie daily fresh croissant

ROAST CHICKEN CIABATTA ROLL \$14

Chef made roast chicken, traditional tabouli, garlic aioli

BLAT (Bacon, Lettuce, Avocado and Tomato) \$16

Two premium bacon rashers, mixed lettuce, avocado, gourmet tomato, BBQ sauce on Brasserie ciabatta roll

DOUBLE BACON & EGGS ROLL \$14

Two free range fried eggs, two bacon rashers, house-made BBQ sauce, on Brasserie ciabatta roll

Add a side of shoestring fries or sweet potato fries +\$4

COLD DRINKS

NUDIE JUICES and SMOOTHIES \$7

We support our local farmers, 100% Australian ingredients and NO ADDED SUGAR and NO ARTIFICIAL COLOURINGS or FLAVOURS!

ORANGE juice 400ml pulp free

APPLE juice 400ml

APPLE ORANGE & CARROTS 400ml

MANGO & PASSIONFRUIT smoothie with pear, orange & banana 400 ml

STRAWBERRY & RASPBERRY smoothie with pear, orange & banana 400 ml

MUSASHI PROTEIN SHAKES \$8

An advanced protein blend, 99% fat free and with 30 gr protein, with muscle recovery formula.

VANILLA or **CHOCOLATE** milkshake flavours.

ICED DRINKS

ICED COFFEE \$8 with ice cream

ICED CHOCOLATE \$8 with ice cream

ICED MOCHA \$8 with ice cream

ICED LATTE Regular \$6 Large \$8

ICED LONG BLACK Regular \$6 Large \$8

ICED MATCHA Regular \$6 Large \$8

Extra Syrup, Soy, Alm Breeze, Oat, Lactose Free +\$0.50
Almond Lab +\$1

MILKSHAKE

LARGE \$8 KID'S \$5

CHOCOLATE / STRAWBERRY / VANILLA / CARAMEL

HOT DRINKS

COFFEE

REGULAR \$4.30 **LARGE \$4.8** **JUMBO \$5.8**

Extra Syrup, Soy, Alm Breeze, Oat, Lactose Free +\$0.50
Almond Lab +\$1

TEA \$5

English Breakfast, Earl Grey, Peppermint, Sencha green, Lemongrass & Ginger, Chamomile, Chai, Forest Berry.

All eggs are free range, Gluten free bread is available upon request. All Mint Fresh items are sourced direct and fresh only and can be found for sale in the store.